



Detecting Atrial Fibrillation Early at Home

Early detection and treatment of AFib reduces risk of stroke by 68%¹

Atrial Fibrillation (AFib): — It can lead to:²

the most prevalent arrhythmia

lifetime risk of **26%** ♂ **23%** ♀ affecting **33,5** million people worldwide^{5,6}

AFib can be classified into 4 varieties:⁷

- Paroxysmal** < 1 week
- Persistent** > 1 week
- Long-standing Persistent** ≥12 months
- Permanent** can't be restored

It can lead to:²

- Blood clots
- Ischemic stroke (20% of all strokes are due to AF)
- Heart failure
- Premature death
- Heart-related complications

Increased risk of^{3,4}

stroke

4-5 times

life-threatening complications and other diseases

5 times

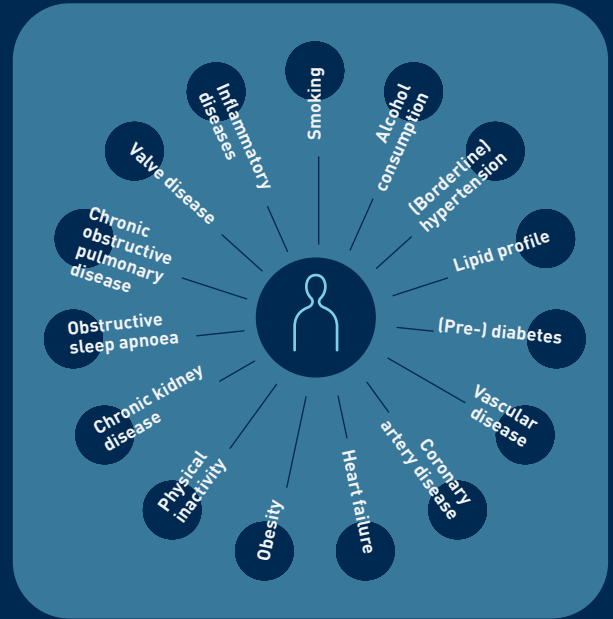
What people might notice when they have AFib: —

Arrhythmia — Heart palpitations — Chest pain

Shortness of breath — Fatigue — Dizziness or fainting

However **1** out of **2** patients do not feel subjective symptoms^{3,9}

Risk factors and underlying comorbidities⁸



Relationship between hypertension and AFib^{10, 11}



60-80%

In 60-80% of AFib cases hypertension is present



1,8-2x
higher risk

Individuals with hypertension and AFib have a 1.8-to 2-fold higher risk of stroke than those without hypertension

Simultaneously monitoring ECG and BP readings is crucial for reducing morbidity and mortality due to AFib

Recommendations from the ESC Guidelines 2020⁷



Lifestyle changes and weight loss in patients with obesity.



Opportunistic screening for AFib in elderly and hypertensive patients.



Definite diagnosis of AFib in screen-positive cases: only after physician reviews the single-lead ECG recording of >30 s or 12-lead ECG

ECG test is the easiest and most definitive method to detect AFib.

Recent advances finally allow patients to monitor their heart from home • detecting their risk earlier

OMRON Complete

A 2-in-1 home blood pressure monitor with a 1-lead ECG function



OMRON Complete: an accurate and easy blood pressure monitor with ECG recording



Early detection by routine recording electrocardiogram (ECG) measurements



Instant and clear ECG results



Learn more and discover OMRON Complete

Helping your patients to lead more fulfilling and active lives. Making sure you can recommend clinically validated medical devices for their home care, making zero compromise on health.

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