

Creating a medication plan for the Hypertension Plus programme.

When the patient profile is completed, you can now create a medication plan for the patient.

This is only relevant when the programme was assigned when

enrolling the patient. Of course, you can always add the

relevant program later after the enrollment of the patient.

Today we'll focus on the Hypertension Plus programme.

To start, the current patient we are creating a treatment plan

for is already on some medication and has an elevated

blood pressure level outside of the target range.

Visa will take this into account when recommending a treatment

plan. Click "Next" to continue.

Now it's time to create the treatment plan.

First set the target blood pressure reading the patient

should use. As you can see, the default here is blood pressure

levels of 135 mmHg systolic and 85 mmHg diastolic. You can press the

"Reset to default" button to reset the number of the default value.

Next is the alert threshold. If the patient has blood pressure

levels above these thresholds, you will be notified with an

alert. For the diastolic, you only need to choose an upper

limit. For the high and medium alerts, you have to choose an

upper and lower limit. You can press the reset to default text

to reset the default values.

The red alert systolic higher than value should be more than

the amber alert higher than value, and the red alert

systolic lower than value should be less than the amber alert

lower than value.

The medication plan is next.

You will have to fill in the first three steps of the plan in

order to complete the plan. If you are making a plan for an

elderly patient, don't forget to check the box.

Let's start at step one.

Press the "Recommend" button for Viso to make a recommendation.

The blue flag indicates that a step was based on the

recommendation. You can always add additional medication or

edit such things as dosages.

For the following steps in the plan, you can again ask Viso to

recommend the next step. You can also press the "Copy previous

step" button if you want to base the up titration on the previous

step in the plan.

You can always delete medication from a step by pressing the

trash bin icon.

There always has to be a minimum of 1 medication per step. You

can always save a draft of the current medication plan by

pressing the "Save draft" button.

You can then come back later to finish the treatment plan.

Press "Next" to finish the treatment plan. A summary is

then shown and you can press "Next" to continue.

Finally, you will have to indicate at what frequency you

want to be reminded to send out blood and or urine test samples.

Note that this is not the frequency of tests that are sent

out, but the frequency of reminders.

Let's put it as once every six months for now.

Finally, press "Approve" to approve the medication plan.

If you make a change to the medication of the patient, they

will be notified in the Viso patient app.

Answer the questions on the screen and leave a message for

the patient indicating why there was a medication change. The

medication plan is now complete.