

Script Video: What is Viso

Viso

Taking care of your health together.

We know that a close connection between you and your doctor can help in managing your long-term condition.

That's why we created Viso.

Viso is an NHS-approved app. It's been designed by doctors and medical experts to help you and your healthcare team keep an eye on your health between appointments. From the comfort of your home.

Here's how it works:

Your GP team sets up your monitoring schedule and Viso will notify you when it is time to take measurements and enter them in the app, like your blood pressure or weight. The app will allow you to check-in from time-to-time to record how you are feeling. It will ask you to confirm your symptoms & lifestyle.

If there are signs of your condition worsening, the app will alert you and your healthcare team, and tell you what to do next.

All of the information is stored securely in the app and in your medical records with your GP surgery.

It gives your healthcare team a more complete view of your health over time

In the app you will also receive personalised articles and videos about your condition - helping you to understand your health better.

Viso helps you to stay in control of your health.

And it's completely free. Viso. Taking care of your health together.

Register today.
